

THE ASSET LIST

40 Things Your Kids Need to Succeed

The Search Institute of Minneapolis, Minnesota, has identified the key building blocks of healthy development that help all young people grow up healthy, caring and responsible.

Use this checklist to evaluate your children's current assets, and ways you can further improve their chances for success!

SUPPORT	DESCRIPTION	Currently Has	Needs to Develop
Family Support	Family life provides high levels of love and support.	<input type="checkbox"/>	<input type="checkbox"/>
Positive Family Communication	Young person and his or her parent(s) communicate positively, and young person is willing to seek advice and counsel from parents.	<input type="checkbox"/>	<input type="checkbox"/>
Other Adult Relationships	Young person receives support from three or more non-parent adults.	<input type="checkbox"/>	<input type="checkbox"/>
Caring Neighborhood	Young person experiences caring neighbors.	<input type="checkbox"/>	<input type="checkbox"/>
Caring School Climate	School provides a caring, encouraging environment.	<input type="checkbox"/>	<input type="checkbox"/>
Parent Involvement in Schooling	Parent(s) are actively involved in helping young person succeed in school.	<input type="checkbox"/>	<input type="checkbox"/>
EMPOWERMENT			
Community Values Youth	Young person perceives that adults in the community value youth.	<input type="checkbox"/>	<input type="checkbox"/>
Youth as Resources	Young person is given useful roles in the community.	<input type="checkbox"/>	<input type="checkbox"/>
Service to Others	Young person serves in the community one hour or more per week.	<input type="checkbox"/>	<input type="checkbox"/>
Safety	Young person feels safe at home, school and in the neighborhood.	<input type="checkbox"/>	<input type="checkbox"/>
BOUNDARIES & EXPECTATIONS			
Family Boundaries	Family has clear rules and consequences and monitors the young person's whereabouts.	<input type="checkbox"/>	<input type="checkbox"/>
School Boundaries	School provides clear rules and consequences.	<input type="checkbox"/>	<input type="checkbox"/>
Neighborhood Boundaries	Neighbors take responsibilities for monitoring young people's behavior.	<input type="checkbox"/>	<input type="checkbox"/>
Adult Role Models	Parent(s) and other adults model positive, responsible behavior.	<input type="checkbox"/>	<input type="checkbox"/>
Positive Peer Influence	Young person's best friends model responsible behavior.	<input type="checkbox"/>	<input type="checkbox"/>
High Expectations	Both parent(s) and teachers encourage the young person to do well.	<input type="checkbox"/>	<input type="checkbox"/>
CONSTRUCTIVE USE OF TIME			
Creative Activities	Young person spends three or more hours per week in lessons or practice in music, theater or other arts.	<input type="checkbox"/>	<input type="checkbox"/>
Youth Programs	Young person spends three or more hours per week in sports, clubs or organizations at school and/or in the community.	<input type="checkbox"/>	<input type="checkbox"/>
Religious Community	Young person spends one or more hours per week in activities in a religious institution.	<input type="checkbox"/>	<input type="checkbox"/>
Time at Home	Young person is out with friends "with nothing special to do" two or fewer nights per week.	<input type="checkbox"/>	<input type="checkbox"/>

COMMITMENT TO LEARNING	DESCRIPTION	Currently Has	Needs to Develop
Achievement Motivation	<i>Young person is motivated to do well in school.</i>	<input type="checkbox"/>	<input type="checkbox"/>
School Engagement	<i>Young person is actively engaged in learning.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Homework	<i>Young person reports doing at least one hour of homework every school day.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Bonding to School	<i>Young person cares about his or her school.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Reading for Pleasure	<i>Young person reads for pleasure three or more hours per week.</i>	<input type="checkbox"/>	<input type="checkbox"/>
POSITIVE VALUES			
Caring	<i>Young person places high value on helping other people.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Equality and Social Justice	<i>Young person places high value on promoting equality and reducing hunger and poverty.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Integrity	<i>Young person acts on convictions and stands up for his or her beliefs.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Honesty	<i>Young person “tells the truth even when it is not easy.”</i>	<input type="checkbox"/>	<input type="checkbox"/>
Responsibility	<i>Young person accepts and takes personal responsibility.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Restraint	<i>Young person believes it is important not to be sexually active or to use alcohol or other drugs.</i>	<input type="checkbox"/>	<input type="checkbox"/>
SOCIAL COMPETENCIES			
Planning and Decision Making	<i>Young person knows how to plan ahead and make choices.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Interpersonal Competence	<i>Young person has empathy, sensitivity and friendship skills.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Cultural Competence	<i>Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Resistance Skills	<i>Young person can resist negative peer pressure and dangerous situations.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Peaceful Conflict Resolution	<i>Young person seeks to resolve conflict nonviolently.</i>	<input type="checkbox"/>	<input type="checkbox"/>
POSITIVE IDENTITY			
Personal Power	<i>Young person feels he or she has control over “things that happen to me.”</i>	<input type="checkbox"/>	<input type="checkbox"/>
Self-Esteem	<i>Young person reports having a high self-esteem.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Sense of Purpose	<i>Young person reports that “my life has a purpose.”</i>	<input type="checkbox"/>	<input type="checkbox"/>
Positive View of Personal Future	<i>Young person is optimistic about her or his personal future.</i>	<input type="checkbox"/>	<input type="checkbox"/>



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